

22nd Irish Cup

Karate a Ju-Jitsu Tournament

Saturday June 23rd 2018

Roadstone Sports & Social Club—Kingswood Cross, Naas Rd, Dublin 22



Karate

Meeting 10:45 a.m. Starts 11:00 a.m.

Competition Entry: €20

Katas

Weapons: €10 EXTRA
Synchronised Kata: €15
(2-3 PEOPLE PER TEAM)

Sparring

Team Fighting
(€45 PER TEAM)
(5 PEOPLE PER TEAM)

Spectators:

Adults €5 Children €3 Family €10

Ju-Jitsu

Meeting 8:45 a.m. Starts 9:00 a.m.

Competition Entry:

Ju-Jitsu Randori €20
Koryu Kata €10 EXTRA
Duo Ju-Jitsu €10 EXTRA
Grappling €20 EXTRA

Self Defence

Adult

Advanced/Novice

Youth (Under 17)

Advanced/Novice

Weapons

MEN BLACK BELT

WOMEN BLACK BELT

MEN UNDER BLACK BELT

WOMEN UNDER BLACK BELT

PEE WEE (Under 8)

JUNIORS (9-12)

YOUTH (13-16)

Advanced/Novice

Men SENIORS (35-59)

WOMEN SENIORS (35-59)

SENIORS (Over 59)

Koryu Kata

Junior/Intermediate/
Advanced

Team Kata

2 or 3 competitors
synchronising a kata
(€15 EXTRA)

Adult

Advanced/Novice

Youth (Under 18)

Advanced/Novice

Karate Men

BLACK BELT

Light/Middle/Heavy

BROWN/GREEN/WHITE BELT

Young Men (15-17)

Advanced/Novice

Young Men (13-14)

Advanced/Novice

Boys (11-12)

Advanced/Novice

Boys (9-10)

Advanced/Novice

Pee Wee Boys (7-8)

Advanced/Novice

Mini Pee Wee Boys (Under 7)

Advanced/Novice

Karate Ladies

BLACK BELT

Light/Heavy

BROWN/GREEN/WHITE BELT

Young Ladies (14-17)

Advanced/Novice

Junior Girls (11-13)

Advanced/Novice

Junior Girls (9-10)

Advanced/Novice

Pee Wee Girls (7-8)

Advanced/Novice

Mini Pee Wee Girls (Under 7)

Advanced/Novice

Karate Seniors

35 & OVER

Men Advanced/Novice
Women Advanced/Novice

BROWN/GREEN/WHITE BELT

50 & OVER

Men Advanced/Novice
Women Advanced/Novice

65 & OVER

Men Advanced/Novice
Women Advanced/Novice

Men Randori

BLACK BELT

Light/Middle/Heavy 1st, 2nd, 3rd/3rd

INTERMEDIATE

Light/Heavy 1st, 2nd, 3rd/3rd

NOVICE

Light/Heavy 1st, 2nd, 3rd/3rd

PEE WEE BOYS (7-8) 1st, 2nd, 3rd/3rd

JUNIOR BOYS (9-10) 1st, 2nd, 3rd/3rd

JUNIOR BOYS (11-12) 1st, 2nd, 3rd/3rd

YOUNG MEN (13-14) 1st, 2nd, 3rd/3rd

YOUNG MEN (15-16) 1st, 2nd, 3rd/3rd

Women Randori

BLACK BELT

Light/Middle/Heavy 1st, 2nd, 3rd/3rd

UNDER BLACK BELT

Light/Middle/Heavy 1st, 2nd, 3rd/3rd

JUNIOR GIRLS (UNDER 9) 1st, 2nd, 3rd/3rd

JUNIOR GIRLS (9-12) 1st, 2nd, 3rd/3rd

YOUNG LADIES (13-17) 1st, 2nd, 3rd/3rd

Duo Ju-Jitsu (€ 10)

BLACK BELT

Light/Middle/Heavy 1st, 2nd, 3rd

Grappling (€ 20)

Male/Female

Advanced/Intermediate/Novice
(Light/Middle/Heavy)

Boys/Young Men

9-10/11-12/13-15/16-17

Junior Girls/Young Ladies

9-12/13-17

Placings for Weapons

1st, 2nd and 3rd

Placings for Sparring

1st, 2nd and 3rd/3rd

Placings for Katas

1st, 2nd and 3rd